STRONG VALUES

2004·2005

THE YMCA OF GREATER MONTREAL
AND THE YMCA OF GREATER MONTREAL FOUNDATION
www.ymcamontreal.qc.ca

ANNUAL REPORT

YMCA

We build strong kids,
strong families,
strong communities

LIFE IN THE HEART OF CENTRES

MISSION

YMCA OF GREATER MONTREAL

2004-2005

The YMCA of Greater Montreal is a charitable organization dedicated to the development of people in spirit, mind, and body, and to the empowerment of individuals, families and communities.

DOWNTOWN YMCA
1440 Stanley Street
(514) 849-8393

DU PARC YMCA
5550 Park Avenue
(514) 271-9622

GUY-FAVREAU YMCA
200 René-Lévesque Blvd. West
(514) 845-4277

HOCHELAGA-MAISONNEUVE YMCA
4567 Hochelaga Street
(514) 255-4651

NOTRE-DAME-DE-GRÂCE YMCA
4335 Hampton Avenue
(514) 486-7315

POINTE-ST-CHARLES YMCA
255 Ash Avenue
(514) 935-4711

SAINT-LAURENT YMCA
1745 Decarie Blvd.
(514) 747-9801

WEST ISLAND YMCA
COMMUNITY CENTRE
99 Frontenac Place
(514) 694-9622

WEST ISLAND YMCA
FAMILY CENTRE
230 Brunswick Ave.
(514) 630-9622

WESTMOUNT YMCA
4585 Sherbrooke Street West
(514) 931-8046

HEAD OFFICE AND FOUNDATION
1435 Drummond Street
4th Floor
(514) 849-5331

CAMP YMCA KANAWANA
St-Sauveur, Administration
1435 Drummond Street
4th Floor
(514) 849-5331

YMCA OF GREATER MONTREAL

2004-2005

This year's intense activity was driven by the major objectives of our 2005-2008 Strategic Plan: consolidating our organization, increasing the reach of our programs and promoting a better understanding of our mission.

We acquired a new computer system, thereby ensuring better membership follow-up. We managed our finances carefully and responsibly, which will help us implement an extensive re-investment plan in our Pointe-St-Charles and Kanawana facilities.

With respect to our programs, we actively participated in a study on the needs of an aging population. Our Innovation Fund enabled us to launch a wide range of new community programs, such as support for new mothers and assistance for homeless Aboriginals. We also developed tools to evaluate the quality and relevance of our community programs.

Lastly, we stepped up efforts to promote the role of the YMCA of Greater Montreal in society. At the local level, we renewed ties with our neighbours and friends, especially those at Camp YMCA Kanawana. On the international level, we helped organize a conference on solidarity in action.

Each of these decisions and actions were motivated by our ongoing determination to reach more people and to advance the five fundamental values of the YMCA: volunteer work and philanthropy, participation and access, self-empowerment, education and prevention, and respect for others. These five values are what make the YMCA of Greater Montreal a unique, open and friendly place. The profiles presented here portray five members of our large family who exemplify our values.

These values are also evidenced in the daily cooperation between our volunteers and staff who work together to achieve our objectives. The remarkable contribution of our hundreds of volunteers is visible everywhere – in the weight training room, on the board of directors and local committees, as well as in community and international programs.

We wish to thank all our volunteers, donors and staff. Your involvement and cooperation make all the difference.

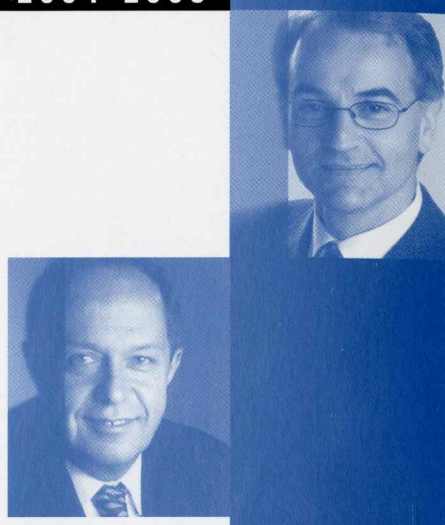
This past year, we stepped up efforts to promote the role of the YMCA of Greater Montreal in society.

Christian Charbonneau
Chair of the Board of Directors

Stéphane Vaillancourt
President and Chief Executive Officer

THE YMCA OF GREATER MONTREAL FOUNDATION INC.

2004-2005



Of the YMCA's five core values, volunteer work and philanthropy continue to be the cornerstone of its social mission. In this respect, the YMCA of Greater Montreal Foundation works alongside the YMCA to support key initiatives that will enable us to reach out to and better serve our communities.

Whether to improve our facilities or build new ones, support the development of a new project or ensure the continuity of a successful program, the Foundation's many volunteers and donors enable us to go from dream to reality.

As part of our annual campaigns, dozens of volunteers in each of our centres joined forces to raise more than $230,000 this year. These donations will enable us to welcome special needs children in our day camps, deliver hot meals to an underprivileged school, help refugees integrate into Canadian society and meet a whole range of other *current* needs.

With an eye to the *future*, Foundation Board Members generously invested their time and money in the YMCA Endowment Fund, which grew by more than $600,000 to $4,367,078 as at May 31, 2005. This resulted in a significant increase in endowment income, which is used to support numerous community programs every year. Indeed, the Endowment Fund provides stable and predictable revenues, thereby enabling community programs to carry on and grow in spite of the uncertainty associated with other sources of funding.

We remain convinced that developing the Endowment Fund is an essential step in ensuring the sustainability of the YMCA's community action. We wish to thank all those who showed their trust in the YMCA by investing in the Endowment Fund, either through an outright gift or a future pledge. This trust is one of our greatest assets and will be carefully nurtured and preserved through solid and responsible management of the Fund.

The YMCA has always promoted volunteer work and philanthropy as essential components of personal development, leadership and a sense of belonging to the community. These are key aspects of overall personal growth—an approach symbolized by the famous "spirit, mind and body" triangle, which is part of the logo of all YMCAs around the world.

Our sincere thanks to all who so generously share their *spirit* with us.

Claude A. Garcia
Chair of the Board of the
YMCA of Greater Montreal Foundation

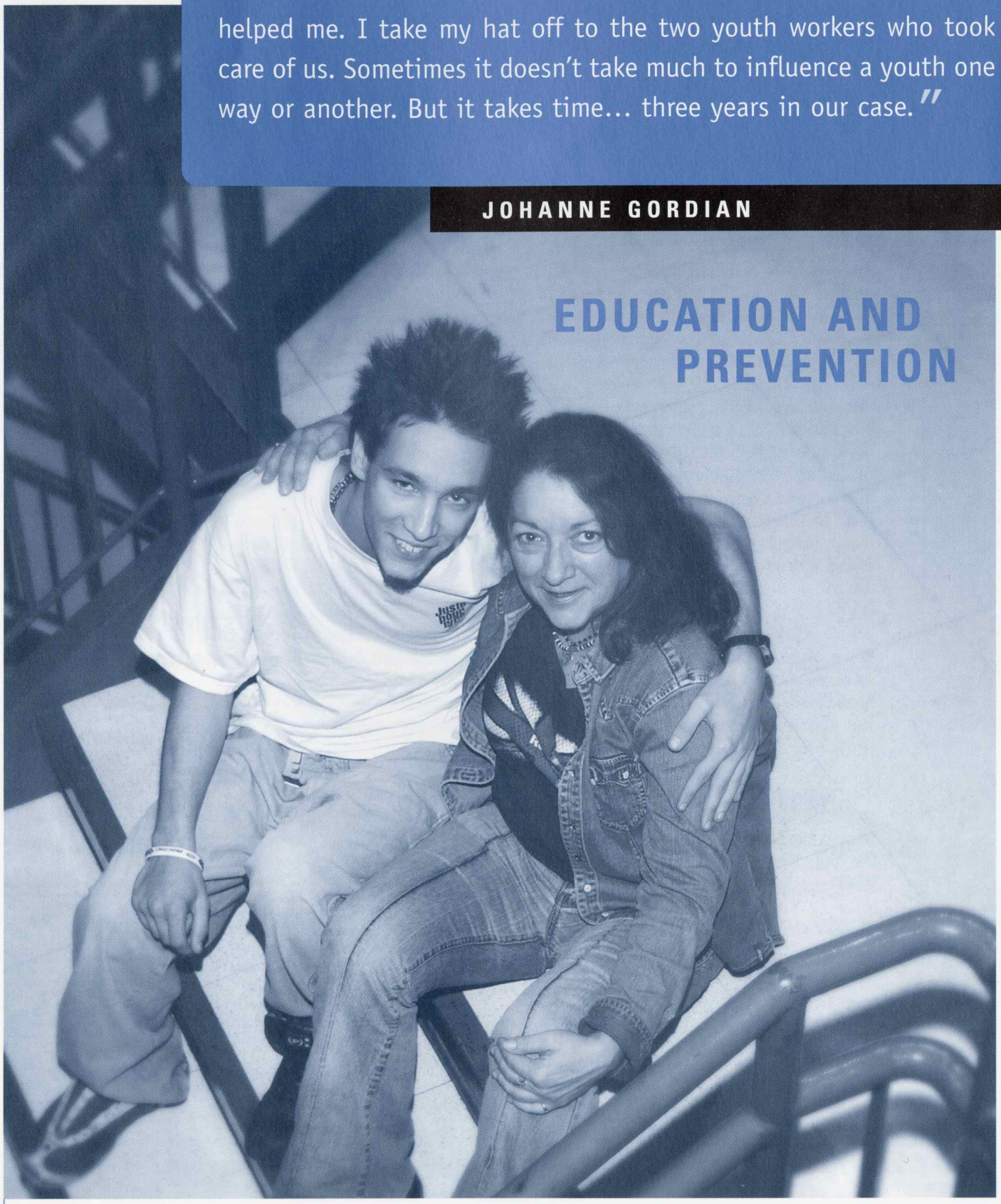
Michael Novak
President of the
YMCA of Greater Montreal Foundation

The YMCA has always promoted volunteer work and philanthropy as essential components of personal development, leadership and a sense of belonging to the community.

"If that child becomes an honest citizen, it's because the Y helped me. I take my hat off to the two youth workers who took care of us. Sometimes it doesn't take much to influence a youth one way or another. But it takes time... three years in our case."

JOHANNE GORDIAN

EDUCATION AND PREVENTION



YMCA OF GREATER MONTREAL

2004-2005

Although Johanne Gordian is optimistic about life today, it has not always been the case. After a divorce, she found herself alone with her two sons, one of whom had problems. He lacked self-confidence, was depressed and aggressive. At the early age of 12, he started taking drugs. At age 13, just before the year-end exams, he was suspended from school for six weeks with no other options.

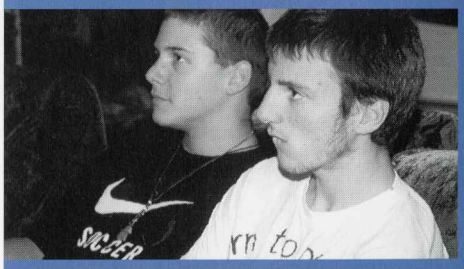
Johanne knocked on a lot of doors until someone told her about the *Alternative Suspension* program at the West Island YMCA. Her son met different and "smart" adults there, she said, with whom he built relationships of trust. In addition to taking courses, he had a chance to talk about his problems one-on-one and in groups. When the six weeks were up, he continued going to the YMCA practically every day. He felt comfortable, appreciated and well supported—so much so that after a major fight with his mother, he took refuge there. That day, the youth workers sat down with the mother and son and encouraged them to not only talk, but to sign a contract of mutual respect, which was a turning point in their relationship. "The YMCA provided tremendous help to my child and helped me as well," she said.

Three years and a few wrong turns later, the youth took charge of his life. He was determined to succeed, studied hard, stopped taking drugs and broke all ties with people who could have a negative influence on him. His ambition is to one day become a youth worker. Johanne Gordian can finally relax now. She speaks about her 16-year-old teen with great pride.

"If that child becomes an honest citizen, it's because the Y helped me. I take my hat off to the two youth workers who took care of us. Sometimes it doesn't take much to influence a youth one way or another. But it takes time… three years in our case."

Four centres offer the *Alternative Suspension* program, which reaches approximately 500 youth every year.

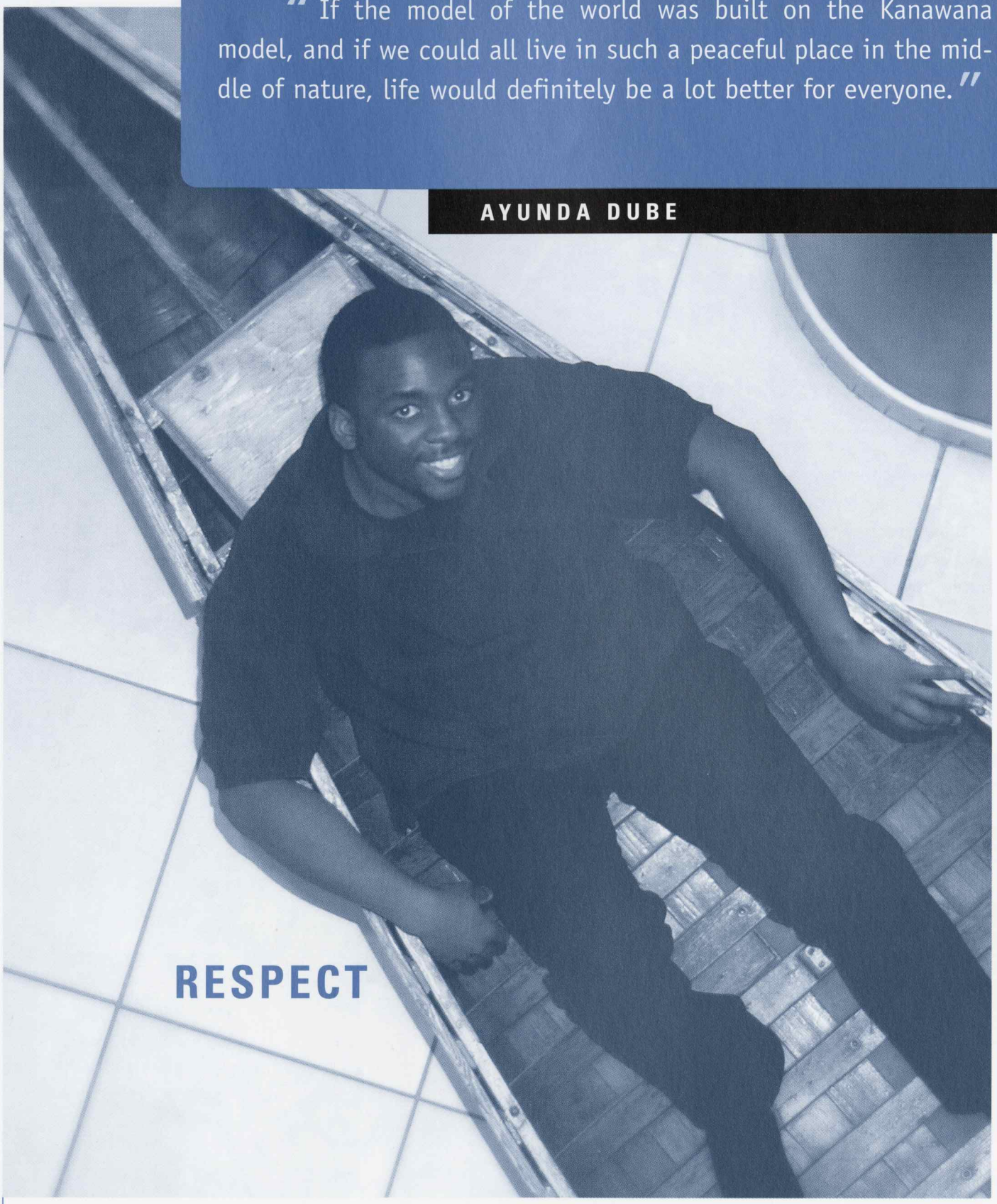
In Pointe-St-Charles, the *Peer Help With Homework* program helps teens improve their grades and discover different work environments.



In Hochelaga-Maisonneuve, the *Métiers de pères* program helps young fathers integrate socially and professionally and teaches them about their role as a parent.

"If the model of the world was built on the Kanawana model, and if we could all live in such a peaceful place in the middle of nature, life would definitely be a lot better for everyone."

AYUNDA DUBE



RESPECT

YMCA OF GREATER MONTREAL

2004-2005

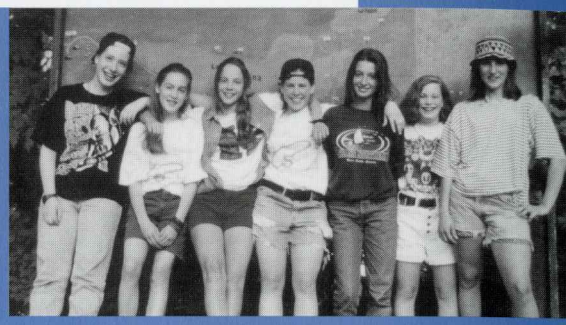
A native of Zimbabwe, Ayunda Dube arrived in Montreal as a refugee at the age of 19. He found his first home away from home and contacts at the Downtown YMCA—something he hasn't forgotten. Three years later, he was asked to become a counsellor at Camp YMCA Kanawana. He agreed without hesitation, and was only too happy to do something in return for what the YMCA had done for him.

"After having said 'yes', I was scared—scared of being the only black guy at the camp— and of not being accepted by the other counsellors." Since he had never been to a summer camp, he was afraid that he wouldn't know what to do with the children.

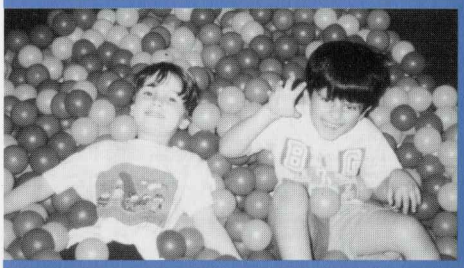
On the first day of camp, his initial fears were immediately dispelled. The counsellors came from all over in the world. There were no racial or cultural distinctions in the group. "At Kanawana, the only culture that exists is the camp culture. We are all Kanawanians." This totally new experience for him gave rise to sincere and lasting friendships.

As for the children... "As soon as I saw them, something immediately kicked in. During our counsellor training workshop, they said to try and give something special to the kids, something nobody else could give them. I thought to myself; I'm just going to be myself. I am from Africa, so what I am going to give those children is Africa." It worked like a charm. They were curious and wanted to know everything about him and his life in Africa.

Ayunda Dube dreams of going back to Camp YMCA Kanawana for its atmosphere of respect, and because it's such a beautiful place. He felt accepted and more at home than anywhere else. "If the model of the world was built on the Kanawana model, and if we could all live in such a peaceful place in the middle of nature, life would definitely be a lot better for everyone."



Every year, Camp YMCA Kanawana is host to 800 children and youth from very different worlds. The camp's open-minded environment teaches them to respect differences in other people.

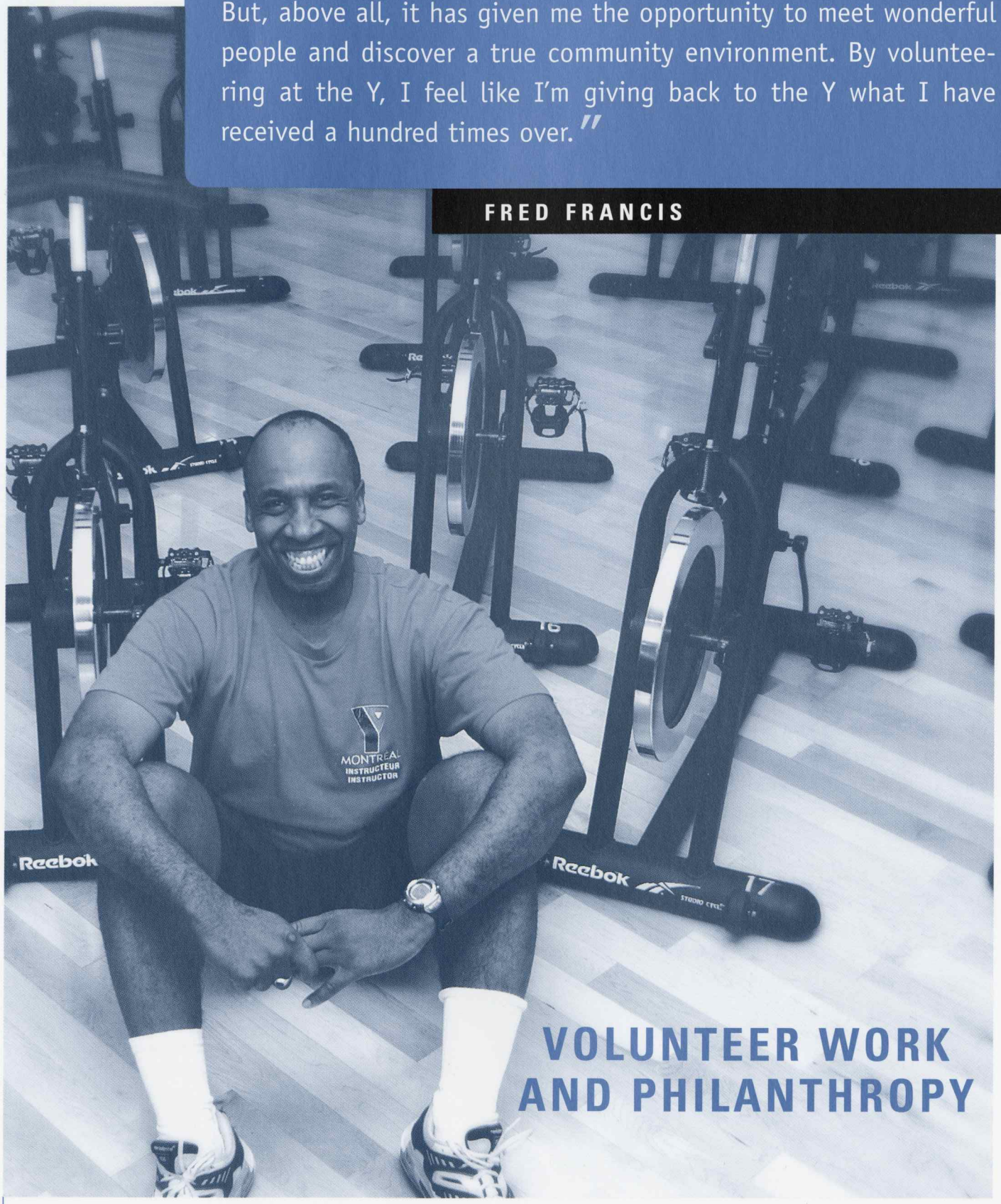


In several Montreal YMCAs, physically or mentally disabled children have the opportunity to enjoy the same day camp experiences as other children.

Self-respect and respect for others is something that is learned. Through workshops and meetings, the *Impact* program helps teens with difficulties become aware of the effect of their actions.

"The YMCA has given so much to me. My health, of course... But, above all, it has given me the opportunity to meet wonderful people and discover a true community environment. By volunteering at the Y, I feel like I'm giving back to the Y what I have received a hundred times over."

FRED FRANCIS



VOLUNTEER WORK AND PHILANTHROPY

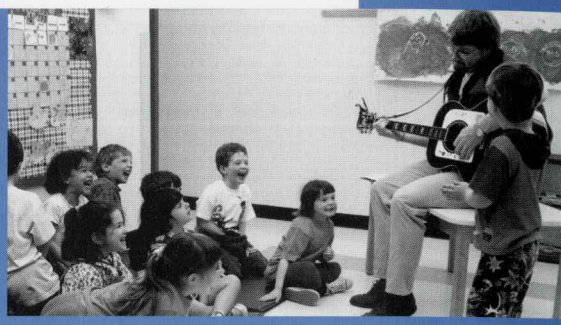
Fred Francis started going to the YMCA to get into shape. After two days of training alone, he joined a fitness class. He was soon captivated by the friendly and dynamic atmosphere at the YMCA.

Twenty years later, he's still there as a volunteer. "When I was asked if I wanted to become an instructor, I said 'yes'. I felt it was really important at that point in time to start giving back what I had received from the YMCA." Since then, Fred has always gladly agreed when asked to join a committee or work on a fund-raising campaign. Sometimes he spontaneously helps out at the front desk when he sees that staff are really busy.

As a tireless ambassador for the YMCA, he gets his motivation from "life outside the gym", as he says it so well. For him, life outside the gym is the people he meets on a daily basis and the YMCA's numerous community programs that improve so many lives. He is fond of saying, "the Y is so much more than a gym." Over the years, Fred discovered aspects of the YMCA that are not well known by most people who use its facilities. First and foremost, there's the YMCA family where he has built solid friendships. Secondly, there's the whole range of YMCA community services.

This is what he talks about when he's fund-raising. "My objective is not so much to ask for money, but to explain the broad scope of the YMCA's action and its role in society. When people find out how important the centres are to the local community, they make a donation." Fred takes every opportunity to talk about the YMCA, whether to people that he meets in the hallway, locker room (his "second office") or even the sauna.

"The YMCA has given so much to me. My health, of course... But, above all, it has given me the opportunity to meet wonderful people and discover a true community environment. By volunteering at the Y, I feel like I'm giving back to the Y what I have received a hundred times over."



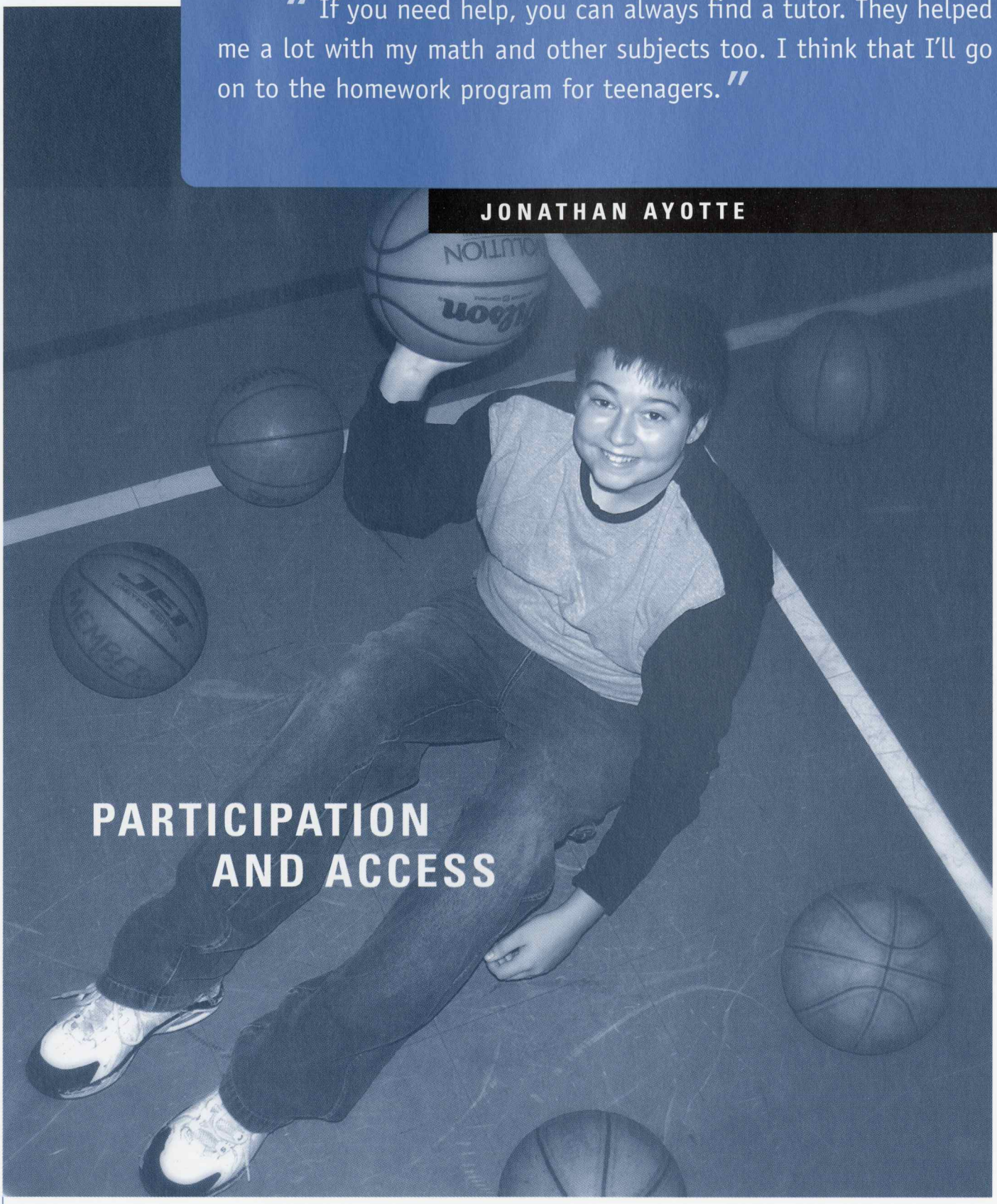
In all the centres combined, 1,450 volunteers donate their time and energy, thereby contributing to the YMCA's community action.

The YMCA would not be able to play such an important role in society without the generosity of more than 900 donors who contribute to annual fund-raising campaigns and to the permanent YMCA Endowment Fund.

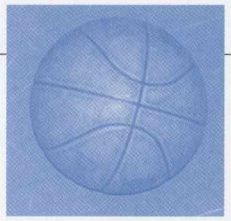
YMCA volunteer work extends well beyond the centres' walls. For example, volunteers at the Guy-Favreau YMCA have formed a strong partnership with a school in an underprivileged neighbourhood. Among other things, volunteers ensure that students have all the school supplies and clothes they need.

" If you need help, you can always find a tutor. They helped me a lot with my math and other subjects too. I think that I'll go on to the homework program for teenagers. "

JONATHAN AYOTTE



PARTICIPATION AND ACCESS



YMCA OF GREATER MONTREAL

2004-2005

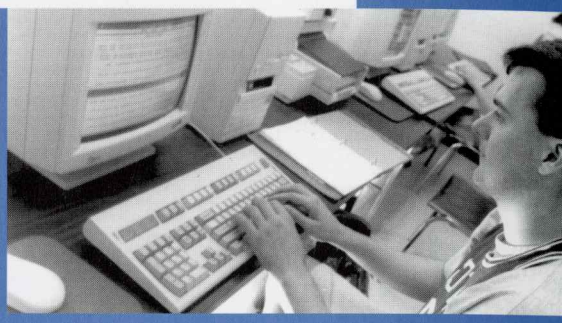
At the age of 12, Jonathan Ayotte is already a 'regular' at the Pointe-St-Charles YMCA. He joined the Y when he was 8 years old, where he discovered various sports, including soccer and basketball. He recently took a more intensive basketball course subsidized by the Canadian Tire JumpStart program. The aim of the program is to use physical activity to give all youth an equal chance at acquiring the social skills and self-esteem they will need throughout their lives. As such, the program puts YMCA values in action and demonstrates our ability to build partnerships for the benefit of the community.

Jonathan also goes to the YMCA Homework Club—a program that aims to give all youth an opportunity to grow and develop their full potential. "If you need help, you can always find a tutor. They helped me a lot with my math and other subjects too. I think that I'll go on to the homework program for teenagers."

Jonathan intends to continue his activities at the YMCA. He loves the Youth Zone, which offers a wide range of activities and is a great meeting place. "At school, they tell you what to do. At the YMCA, they have tons of activities, and you can choose the ones you want." He is impatiently awaiting the next round of basketball courses. In fact, his dream is to become a pro, just like the former Globetrotters player who came to speak about his career and passion for basketball with teenagers at the YMCA.

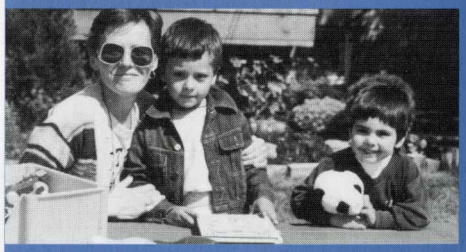
In the meantime, Jonathan is already showing leadership skills by occasionally volunteering to help the Youth Zone monitors.

"It's a great place to go after school. You just learn so much!"



This year, the YMCA's Equitable Access program enabled 5,424 people with limited financial resources to benefit from the Y's services and facilities.

Our nine centres offer facilities and programs for seniors, as well as the physically or mentally disabled.

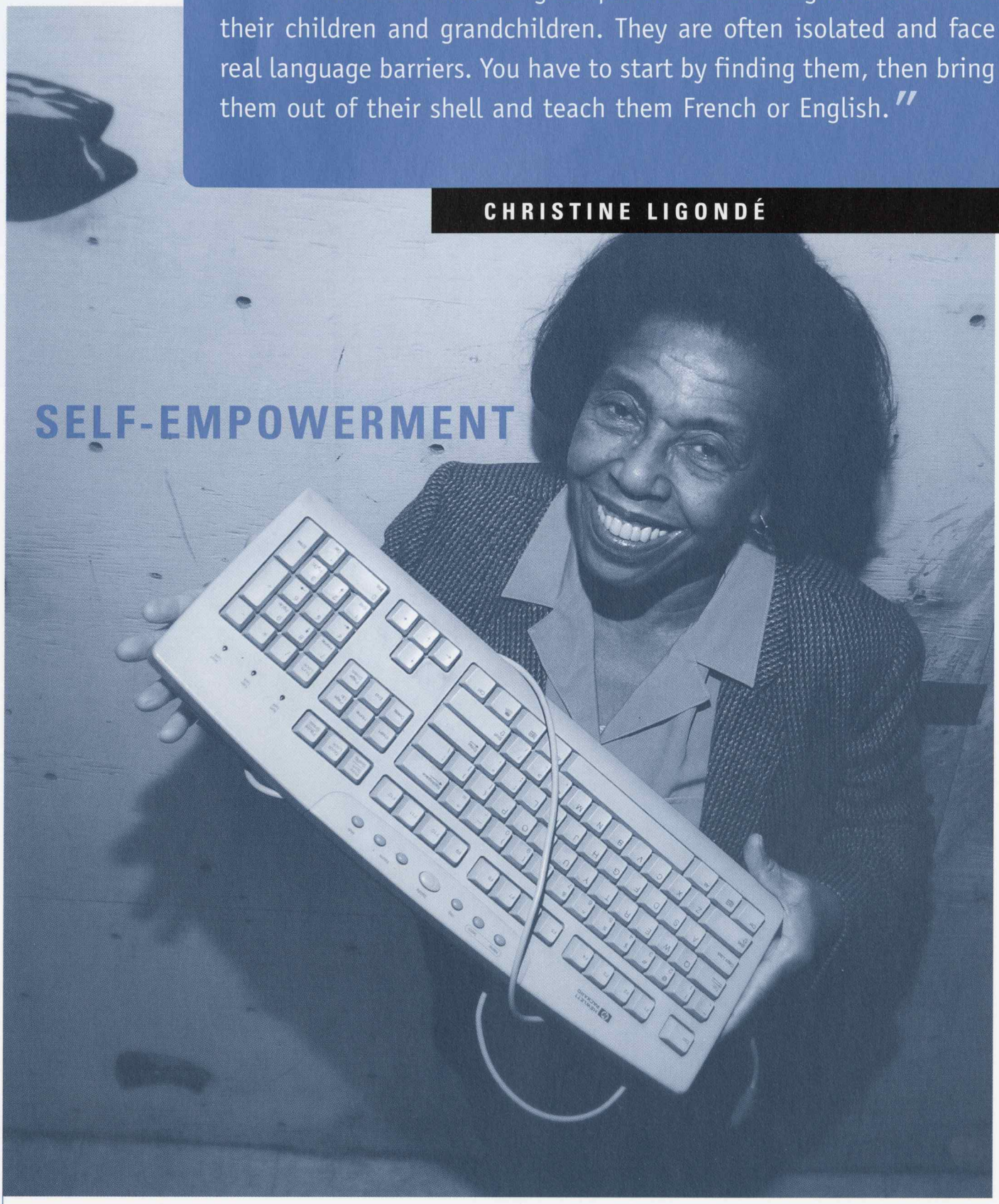


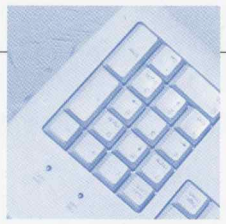
A number of our centres have set up a "Caring and Solidarity Network" to reach the most underprivileged families and integrate them into our large YMCA family where everyone feels like they belong.

"There are a lot of grandparents who immigrated here with their children and grandchildren. They are often isolated and face real language barriers. You have to start by finding them, then bring them out of their shell and teach them French or English."

CHRISTINE LIGONDÉ

SELF-EMPOWERMENT





Christine Ligondé is a very active retired teacher, who is also very independent. For her, health is the key to independence and self-empowerment. She works out most days and encourages others to join her in a whole range of activities. For close to five years, she has actively volunteered at the Saint-Laurent YMCA on the local board of directors, for annual fund-raising campaigns and as a facilitator. She enjoys helping the people around her feel happy.

In cooperation with staff members, she launched "Between Friends". The purpose of the group is to reach isolated individuals and encourage them to get out of the house, get moving, learn new things and actively participate in community life. "There are a lot of grandparents who immigrated here with their children and grandchildren. They are often isolated and face real language barriers. You have to start by finding them, then bring them out of their shell and teach them French or English."

For Christine, learning opportunities abound, as evidenced by the wide variety of activities available to her group: computer courses, French and English courses, physical activity, intercultural community meals, Christmas carols and suppers, arts and crafts, recycling of old jewellery, painting, meetings with counsellors... Afraid of going out in the evening? Not to worry! She invites a police officer to provide tips and tricks for safe travel. For those who really can't or don't dare go out alone, the centre has an old minibus to pick them up.

She thinks the YMCA is the best place for this type of group. Granted, it may be part of its mission, she says, but also because people of all nationalities are already there. "I call the YMCA my United Nations." It's a perfect place to gain self-confidence and broaden your horizons.

To enable seniors who live alone to stay at home as long as possible and give them a sense of security, the *PAIR Program* calls them every day to be sure they are all right.

Through its *International Programs,* the YMCA of Greater Montreal gives communities abroad the resources and help they need to take charge of and improve their destiny.

To navigate our legal system, you need to know the law. Several centres have set up a legal clinic for people with problems related to criminal, family, immigration law, etc.

SOCIAL AUDIT OF THE YMCA OF GREATER MONTREAL

2004-2005

In 2004-2005, the YMCA of Greater Montreal facilitated access to its programs and facilities for more than 5,424 people who were in financial difficulty.

Through its programs and activities, the YMCA of Greater Montreal also reached 159,821 people in 2004-2005.

This social audit is made possible through the exceptional dedication of our 1,450 volunteers and staff of 1,250.

PROGRAMS	PERSONS
After-school and help with homework programs	1,509
Alternative Suspension	490
Compensatory work - Adult offenders	2,827
Community Economic Development (Aurora Business Project, Learn$ave)	220
Counsellor-in-training program	149
CPR and First Aid courses	675
Day camps	2,821
Éco-quartier	10,000
Employability training and development for adults and youths	5,892
Family programs	3,260
First stop prevention program in Montreal's central bus terminal	28,148
Fitness instructor training	1,279
Health and fitness activities (memberships)	28,108
Hockey arena rental	2,250
IMPACT program for young offenders	353
International language school	6,205
International partnerships with the YMCA/ACJ in El Salvador, Honduras, Nicaragua, Ecuador and Haiti	2,912
Leisure activities for people with disabilities	330
Lifeguard certification	185
Meeting rooms for community groups	8,283
Ped day program	577
Preschool and daycare programs	762
Prevention in schools and on the street	2,109
Programs for ex-offenders (Espadrille day centre)	1,600
Programs for people who are isolated, underprivileged or homeless	300
Programs for refugees and immigrants (Residence and Covered Garden)	2,190
Programs for seniors	1,445
Referral Service for Homeless Households - OMHM	395
Residential camp - Camp YMCA Kanawana	712
Ski and snowboarding school	349
Swimming lessons	9,369
Tandem Montreal - Security and neighbourhood relations	31,000
YMCA Youth Exchanges Canada	537
Youth centres	2,821
TOTAL	**159,821**

INNOVATION, RESEARCH AND DEVELOPMENT FUND

2004-2005

In 2003, the YMCA of Greater Montreal created a fund to increase the reach of its programs and services. With new resources of $150,000 again this year, the Fund has supported the implementation of new initiatives, as well as projects that aim to maintain the relevance, efficiency and quality of the YMCA's actions. The projects selected meet strict criteria based on the YMCA's mission and their level of integration into the community. Projects are also subject to a year-end evaluation.

INITIATIVES FINANCED IN 2004-2005

Living in the South, Thinking About the North *Downtown YMCA* Needs analysis of the Aboriginal homeless	$7,520
Fit Moms *West Island YMCA* Support and health promotion for new mothers	$7,000
Community Development Project *Guy-Favreau YMCA* Consolidation of support initiatives for children and seniors	$17,200
Les bourgeons – Cultural Awareness *Downtown YMCA Residence* Intercultural exchange program for refugee claimants	$14,000
Youth Leadership Program *Association* Skills development and social involvement among youth	$5,000
Ageing Well *Association* Physical fitness needs analysis for seniors	$32,500
Homework Club *Saint-Laurent YMCA* Support for academic success through studies and sports	$21,000
CyberAlternative *Association* Youth program for multimedia learning	$3,400
Child Development Workshop *Association* Training and discussions on best practices	$3,300
Drug Prevention and Awareness *West Island YMCA* Support and intervention for youth and families	$5,600
Children and the Environment *Pointe-St-Charles YMCA* Education and awareness of the environment in an urban setting	$11,500

YMCA OF GREATER MONTREAL

2004-2005

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Brisset, Nantel
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Commercial Inc.

Charbonneau, Christian (*)
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C.B. Richard Ellis
Québec Ltd.

Denis, Daniel
Groupe Secor

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Hynes, Jocelyne
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Vaillancourt, Stéphane
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YMCA of Greater Montreal

(*) Executive Committee members

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Mancini, Philip C.

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Brisset, Nantel
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Clare, Richard
Desautels, Bernard (Chair)
Okuda, Rosemary

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Saint-Yves, Richard
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ENDOWMENT FUND

2004-2005

INSPIRING CAMPAIGN RESULTS!

Since the new campaign was launched for the Endowment Fund on June 8, 2004, twenty-five new members have joined the Heritage Club. They have contributed $550,000 in donations, pledges, bequests and in memoriam donations.

Heritage Club members are individuals and families who have demonstrated their attachment to and trust in the YMCA by making current or future gifts to the Endowment Fund, namely through their wills or life insurance, or by establishing a personalized tribute fund in memory or in honour of a loved one. Their generosity ensures that the YMCA will continue to serve Montrealers for many more decades.

The management of the Endowment Fund has been entrusted to the Foundation of Greater Montreal and is overseen by the Board of Directors of the YMCA of Greater Montreal Foundation. Gifts to the Fund are endowed in perpetuity and annual revenues are distributed in accordance with policies adopted by the Board of Directors. These policies ensure that even during turbulent market conditions, the capital of the Fund is protected and continues to provide a steady source of financial support for the community programs offered by the nine YMCA centres and its camp, YMCA Kanawana.

As at May 31, 2005, the market value of the fund was $4.3 million, representing an increase of more than 16% compared to the previous year.

PROJECTS SUPPORTED BY THE ENDOWMENT FUND

The Endowment Fund provides recurring support for a number of community programs. A portion of annual revenues (i.e., $39,000) is allocated to programs selected by donors, such as international development and Camp YMCA Kanawana. The remaining balance of $63,650 was allocated to special projects selected by an Allocations Committee composed of volunteer members of the Board of Directors and YMCA staff. This year, ten applications for funding were selected.

Covered Garden *Downtown YMCA Residence* Welcoming and supporting refugee claimants and their children	$10,000
Healthy Eating *Guy-Favreau YMCA* Teaching healty eating habits to underprivileged children	$3,000
Nature Outing *Guy-Favreau YMCA* Educational outing for underprivileged children to discover nature	$4,400
Circus Arts for Children *Pointe-St-Charles YMCA* Training to build self-esteem and confidence	$8,500
YMCA Youth Festival *Notre-Dame-de-Grâce YMCA* Celebrating young talent and initiative	$5,000
Co-op Support Loan Program *Notre-Dame-de-Grâce YMCA* Encouraging self-reliance through financial skills and education	$8,000
Teen Fitness *Du Parc YMCA* Helping youth develop a lifelong exercise habit	$7,500
Café 3D *Du Parc YMCA* A place of **d**evelopment, **d**iscovery and **d**owntime for youth	$10,000
Sports-Study Girls' Basketball *Du Parc YMCA* Helping young girls develop self-esteem through sports and study	$3,000
YMCA Conference on International Solidarity *International Programs, Association* Building awareness of global issues	$4,250

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ANNUAL GOLF TOURNAMENT

2004-2005

The 20th annual golf tournament, which drew 160 people to the Pinegrove Golf Club in Saint-Luc on Monday, May 30, 2005 helped raise $87,120. The funds were used to finance YMCA Centres' Youth Programs and also the Association-Wide Youth Leadership Program.

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We also wish to thank the participants, numerous individuals and companies that donated door prizes and gifts for the silent auction.

Our heartfelt thanks to the volunteers who helped make the tournament a great success: Christian Charbonneau, François M. Côté, Roch Dubé, Marc Filion, Laurent Giguère, Jacques Luys and Stéfan Tremblay.

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The YMCA of Greater Montreal and its Foundation are proud to acknowledge the many individuals, corporations and organizations that generously contribute to the Community Support Campaigns every year in each of our nine centres and our camp, YMCA Kanawana.

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Daniel Paquin
Denis Paquin
Marie Paquin
Marc Parent
Sharon Parry
Keith W. Parsonage
Richard C. Pattee
John E. Patwell
Donald Pearson & Melvyn Alter
Neil Peden
Ligia Peña
Isabelle Perras
Gérard Perreault
Barbara Belle Perry, Ph.D.
James W. Peters
Petra Limited
Shirley L. Pettifer
Pfizer Canada Inc.
Leslie Phelps
J.F. Phelps, Investment Account
Physergo Medical Clinic Southwest
Sandra Pichette
Gail Pickles
Bill Pigott
Donald Pilon
Manon Poirier
Pierre D. Poisson
Marilyn Polsky
Benoit Pope
Port of Montreal
Patricia Posius-Borja
Lucie Pouliot
Power Corporation of Canada
Gabriel Félix Prasman
Pratt & Whitney Canada Inc.
Prescott S.M. Inc
PricewaterhouseCoopers LLP
Priority Fire Equipment Inc.
Nathalie Provost
Quebec Foundation for the Blind
Maureen Quelch
Yves Racicot
Catherine Rahal
Jacques Rajotte
Jerison Ralainony
Aaron Rand
Alain Ranger
Normand Raschkowan
André Raymond
RBC Capital Markets
RBC Financial Group
RBC Foundation
Réseau-Bureautique Détail
Restaurant Amir
Restaurant La Moulerie
Restaurant Zin Jing Hua
Elis Retsinas
Monique Richard
Campbell Riddle
Alain Riendeau
Omar Rifai, Dentist
D. Glenn Rioux
James A. Robinson
Edouard F. Robitaille
Johanne Robitaille
Lise Rochette
Marina Rosati
Rosco Group
Rotalec Group Inc.
Rotary Club of Montreal Welfare Fund
Rotary Club of Westmount Welfare Fund
Glenn R. Rourke
Pierre Rousseau
Martin Roy
Running Room Ltd.
S.D. Combustion Specialists (1976) Ltd.
S.O.S. Oxygen Inc.
Mathieu Sabourin
Michel Saint-Denis
Guy Saint-Pierre
Georges Sayegh
Lawrence I. Schiffman
Claudine Schirardin
Christopher Schoofs
Mark Schrager
Scomatech Experts Conseils
Scotiabank
Seaforth Management Ltd.
Louis Séguin
Joni & Jackie Seligman
Senvest Capital Inc.
Servitech
Li Ping Shao
Katie Sheahan
Martin Sheehan
Thomas H. & Laurie Shelton
Benjamin Silver
Éric Simard
Scotiabank & ScotiaMcLeod Inc.
Suzanne Simard
SITQ Inc.
SNC TEC
SNC-LAVALIN ProFac Inc.
Sodhac, Société de dév. d'Habitation
Soie D'Asie International Inc.
AZN Style
SPA St. James Inc.
St. Clement's School Foundation
St. Lawrence Cement Inc.
St. Mary's Hospital Centre
Sun Life Financial Services of Canada
Sun Sing Lung Chinese Grocery Inc.
Pauline St. Pierre
Standard Life
Serge St-André
Station Centrale d'Autobus Montréal Inc.
Guthrie J. Stewart
Gaston St-Georges
Karl Stiell
Michael Stones
Richard St-Yves
Sheila Sullivan-Brown
Gary Swailes
Laszlo Szigeti
Yvette N. Taillard
G. Robert Tait
Tapis Velours
Richard Taylor
TD Meloche Monnex Inc.
Karen Tee
Télébec S.E.C.
Télécommunications Rising Nova Inc.
Madeleine Tellier-Craig
Terry Evanshen Research Foundation
Hoa Thai
The Birks Family Foundation
The Edith Lando Charitable Foundation
The George W. Hogg Family Foundation
The J.W. McConnell Family Foundation
The Sobey Foundation
The Study School
Yvon Thibault
Gregory Thomas
Christina Thompson
James Thomson
TN - Chez Nick
Toastmasters Club St-Laurent #1025
Toptech Groupe Conseil Inc.
Janet Torge
Towers Perrin
Trace Libre Inc.
Thu-Cuc T. Trân
Traffic Club of Montreal Inc.
Transports King Inc.
TransRex (3471349 Canada Inc.)
Stéphane Tremblay
Benoit Tremblay
Tricycle Asset Management
TRUE SPORT Foundation
Elrie C. Tucker
Elizabeth Turgeon
Gavin Turley
Stéphane Vaillancourt
Louise Valois
Susan Van Gelder
Alfred E. Van Wettum
Martin Vaskelis
Patrick Vaughan
Velan Inc.
Alain Viger
Nadine Villeneuve
Alain Vinet
Vittorio Violo
Robert Vokey
Peter A. Vultaggio
Kwai Chee Wan
Karen Wasserlauf
Thomas Waugh
Jessica Wells
Weltex Canada Inc.
Jonathan I. Wener
Gary White
Gary Whittaker
Lorimer E. Whitworth
Marie-Claire Whitworth
Michael Whitworth
William & Nancy Turner Foundation
Jun K Wong
Kenny Wong
Johnny S. Woo
YARA Canada
Yasmine Baise Studio Baladi
Ye Olde Orchard Pub
Karen Yep
Patricia Zemancik
Long Zhang
Larry Zoltak
Zurich Canadian Holdings Ltd.

This list includes donors who gave $100 or more between June 1, 2004 and May 31, 2005. Great care was taken to ensure the accuracy of this list. Should you find any errors or omissions, please call the Financial Development Office at (514) 849-5331, Ext. 266 or e-mail Danièle MacKinnon at daniele.mackinnon@ymcamontreal.qc.ca

Statement of operations

Year ended May 31, 2005

These statements are taken from the complete set of financial statements as audited by Samson Bélair Deloitte & Touche.

	2005 $	2004 $
Revenue		
Program activities	**19,859,190**	19,162,426
Government - fees for services	**4,965,750**	5,139,552
Institutional services	**4,185,753**	2,982,429
Rent	**1,604,151**	1,532,628
Centraide of Greater Montréal - community services	**1,399,884**	1,362,384
Donations of the YMCA of Greater Montréal Foundation Inc.	**365,612**	240,751
Amortization of deferred contributions related to capital assets	**815,948**	815,948
Other revenue	**67,462**	69,499
Total revenue	**33,263,750**	31,305,617
Expenses		
Salaries and social benefits	**17,758,335**	17,070,352
Repairs and replacements, supplies maintenance and service contracts	**2,751,691**	2,726,622
Supplies and program expenses	**2,172,433**	1,987,533
Heat and electricity	**1,257,071**	1,231,414
Rent expense	**753,737**	621,215
Office expenses	**722,820**	737,340
Employee development	**665,713**	672,217
Promotional expenses	**646,253**	634,264
Insurance and taxes	**608,072**	576,474
Interest on mortgage loan - Avenue du Parc and other financing costs	**459,389**	582,796
Professional fees	**457,561**	550,023
YMCA Canada fees and other dues	**356,994**	347,269
Bank charges	**287,415**	266,297
Other expenses	**258,264**	258,981
Amortization of capital assets	**2,634,030**	2,596,389
Total expenses	**31,789,778**	30,859,186
Excess of revenue over expenses	**1,473,972**	446,431

Statement of financial position

As at May 31, 2005

	2005 $	2004 $
Assets		
Current assets		
Cash and short-term deposits	**3,868,073**	3,183,057
Accounts receivable	**746,278**	745,630
Grants receivable	**906,811**	845,987
Amount due from the YMCA of Greater Montréal Foundation Inc.	**2,008,826**	1,936,536
Inventory and prepaid expenses	**307,618**	276,586
	7,837,606	6,987,796
Grants receivable	**2,017,057**	2,923,868
Capital assets	**28,907,221**	29,617,075
	38,761,884	39,528,739
Liabilities		
Current liabilities		
Accounts payable and accrued liabilities	**2,766,470**	3,487,767
Deferred restricted revenue related to program activities	**260,449**	365,199
Deferred revenue - other	**2,110,202**	1,407,688
Current portion of long-term debt	**1,151,068**	1,032,787
Current portion of obligations under capital leases	**265,996**	243,666
	6,554,185	6,537,107
Deferred contributions related to capital assets	**15,412,966**	16,228,914
Long-term debt	**7,168,202**	8,344,086
Obligations under capital leases	**148,630**	414,703
	29,283,983	31,524,810
Net assets		
Invested in capital assets	**7,684,227**	7,122,774
Internally restricted	**1,200,000**	-
Unrestricted	**593,674**	881,155
	9,477,901	8,003,929
	38,761,884	39,528,739

Approved by the Board

Director

Director

THE YMCA OF GREATER MONTREAL FOUNDATION INC.

Statement of operations and changes in fund balances

Year ended May 31, 2005

These statements are taken from the complete set of financial statements as audited by Samson Bélair Deloitte & Touche.

	General Fund	Endowment Fund	Total	
			2005	2004
	$	**$**	**$**	$
Revenue				
Annual campaign	**226,785**	-	**226,785**	163,827
Special events	**82,363**	-	**82,363**	86,825
Capital campaign	**10,104**	-	**10,104**	536,338
	319,252	-	**319,252**	786,990
Investment income	**156,725**	-	**156,725**	136,289
Revenue before donations and expenses	**475,977**	-	**475,977**	923,279
Less donations to the YMCA of Greater Montreal				
Youth programs, renovations, and repairs	**370,083**	-	**370,083**	253,458
International programs	**26,884**	-	**26,884**	17,018
Capital campaign	-	-	-	534,296
	396,967	-	**396,967**	804,772
Revenue before expenses	**79,010**	-	**79,010**	118,507
Expenses				
General and administration	**6,686**	-	**6,686**	68,192
Capital campaign	**151**	-	**151**	129
	6,837	-	**6,837**	68,321
Special events	**32,988**	-	**32,988**	35,505
Endowment Fund				
Office expenses	**14,848**	-	**14,848**	8,887
	47,836	-	**47,836**	44,392
	54,673	-	**54,673**	112,713
Excess of revenue over expenses	**24,337**	-	**24,337**	5,794
Fund balances, beginning of year	**353**	**3,637,581**	**3,637,934**	3,591,295
Endowment contributions	-	**411,649**	**411,649**	40,845
Interfund transfers	**19,219**	**(19,219)**	-	-
Fund balances, end of year	**43,909**	**4,030,011**	**4,073,920**	3,637,934

THE YMCA OF GREATER MONTREAL FOUNDATION INC.

Balance sheet

As at May 31, 2005

	General Fund		Endowment Fund		Total	
	2005	2004	**2005**	2004	**2005**	2004
	$	$	**$**	$	**$**	$
Assets						
Current assets						
Cash and short-term investments	**2,321,379**	1,906,532	**6,222**	42,202	**2,327,601**	1,948,734
Due from Endowment Fund	**80,000***	60,705*	**-**	-	**-**	-
	2,401,379	1,967,237	**6,222**	42,202	**2,327,601**	1,948,734
Investments (market value of $4,367,078; 2004 - $3,727,099)	**-**	-	**4,103,789**	3,656,084	**4,103,789**	3,656,084
	2,401,379	1,967,237	**4,110,011**	3,698,286	**6,431,390**	5,604,818
Liabilities						
Current liabilities						
Due to the YMCA of Greater Montréal	**2,008,826**	1,936,536	**-**	-	**2,008,826**	1,936,536
Deferred revenue	**69,110**	29,649	**-**	-	**69,110**	29,649
Deferred capital campaign contributions	**279,534**	699	**-**	-	**279,534**	699
Due to General Fund	**-**	-	**80,000***	60,705*	**-**	-
	2,357,470	1,966,884	**80,000**	60,705	**2,357,470**	1,966,884
Fund balances						
Externally restricted	**-**	-	**2,884,443**	2,475,419	**2,884,443**	2,475,419
Internally restricted	**-**	-	**1,145,568**	1,162,162	**1,145,568**	1,162,162
Unrestricted	**43,909**	353	**-**	-	**43,909**	353
	43,909	353	**4,030,011**	3,637,581	**4,073,920**	3,637,934
	2,401,379	1,967,237	**4,110,011**	3,698,286	**6,431,390**	5,604,818

* These amounts are not presented in the 'Total' column of the balance sheet since there is no impact when they are netted together.

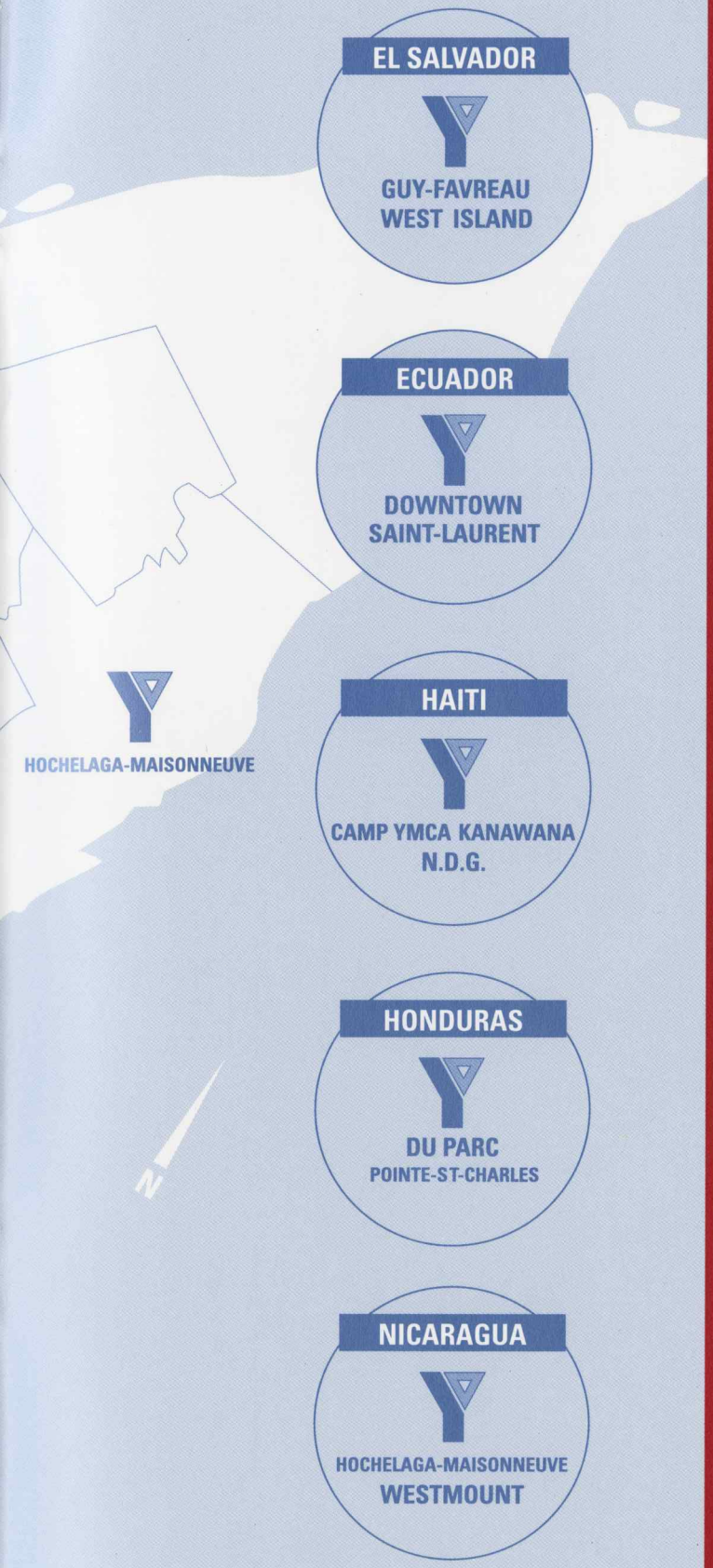
Approved by the Board

Director

Director

CAMP YMCA KANAWANA
Saint-Sauveur-des-Monts
15
14
3
WEST ISLAND
(Community Centre)
WEST ISLAND
(Family Centre)
SAINT-LAURENT
11
7
12
13
DU PARC
6
5
8
9
1
GUY-FAVREAU
4
DOWNTOWN
16
2
WESTMOUNT
10
N.D.G.
17
15
POINTE-ST-CHARLES

PARTNERS OF THE YMCA AND YMCA CENTRES



YMCA PRESENCE IN GREATER MONTREAL

Legend

DOWNTOWN YMCA (514) 849-8393

1440 Stanley St. Peel

1. **First Stop** Berri-UQAM
2. **YMCA Residence:** Tupper and Atwater Atwater
3. **CJLE and SAE:** Bordeaux Jail, Gouin Blvd. East Henri-Bourassa
4. **Collège de Montréal Day Camp:** Sherbrooke St. West and St-Marc St. Guy-Concordia

DU PARC YMCA (514) 271-9622

5550 Park Avenue Place-des-Arts or Parc

5. **Café 3D:** 38 Fairmount St. East Laurier
6. **Âme-art – Mile End Artists' Co-op:** 5345 Park Avenue Place-des-Arts or Parc
7. **Alternative Suspension:** 1775 Marcel-Laurin Blvd. Côte-Vertu
8. **Youth Service Co-op:** 178 St-Viateur St. Parc

GUY-FAVREAU YMCA (514) 845-4277

200 René-Lévesque Blvd. West Place-des-Arts or Champ-de-Mars

9. **École Champlain:** Logan and Parthenais Papineau

HOCHELAGA-MAISONNEUVE YMCA (514) 255-4651

4567 Hochelaga St. Pie-IX

NOTRE-DAME-DE-GRÂCE YMCA (514) 486-7315

4335 Hampton Ave. Villa-Maria

10. **Aurora:** 5425 Monkland St. Villa-Maria

POINTE-ST-CHARLES YMCA (514) 935-4711

255 Ash Ave. Charlevoix

SAINT-LAURENT YMCA (514) 747-9801

1745 Decarie Blvd. Côte-Vertu

11. **Toy-Lending Library:** Filion St. and Tassé St. Côte-Vertu
12. **École Enfant-Soleil:** 1615 Tassé St. Côte-Vertu
13. **École Aquarelle:** 2080 de Londres St. Côte-Vertu

WEST ISLAND YMCA - COMMUNITY CENTRE (514) 694-9622

99 Frontenac Place

14. **Île Bizard Youth Centre:** De l'Église St. and Cherrier St.

WEST ISLAND YMCA - FAMILY CENTRE (514) 630-9622

230 Brunswick Blvd.

WESTMOUNT YMCA (514) 931-8046

4585 Sherbrooke St. West Vendôme

15. **Miss Edgar's and Miss Cramps' School for Girls :** 525 Mount Pleasant Ave. Vendôme
16. **Roslyn School:** 4699 Westmount Ave. Vendôme
17. **Westmount Park School:** 15 Park Place Vendôme

CAMP YMCA KANAWANA (514) 849-5331

673 Montée Saint-Elmire, Saint-Sauveur-des-Monts
Administration: 1435 Drummond St., 4th Floor

www.ymcamontreal.qc.ca